



HATCHLINGS

Early Learning Centre

RATED
EXCEEDING
NATIONAL QUALITY STANDARD

MARCH NEWS 2024

HIGHLIGHTS FROM LAST MONTH

We have had an amazing time in February!
We had more heat, lots of rain and plenty of laughs together.

Some highlights were the Teddy Bear's picnic, Pancake Day and Fairy Tale Dress Up Day. As well as all of this the rooms were exploring Creation and completing Developmental Milestone checks on all the children. If you would like to make a time to talk to your child's Educator further about what this looks like then please contact me to make a time to do that. We have provided some additional information in this newsletter about where you can find out milestone goals and what you can do to ensure that your child is meeting their milestones and what to do if you have any questions.

Our rooms have been sharing each day on Kindy Hub what they have been learning so be sure to sign up for the Kindy Hub which is our Hatchlings Parenting app - or look out for the daily communication or you can also find this in your child's room.



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Changes to our Team:

We have had a few changes to the team. We are happy to welcome Miss Liz to our team along with her son in the Nursery. We are delighted to have Liz with her positivity and caring nature on our team.

Coming up in April we have Miss Karina and Miss Ella going on maternity leave so we will be looking for some new team members to join us while they are away.

Raising Healthy Minds

The world that we are living in is changing! And more than ever we need to be supporting and exploring how we can take action collectively to raise our children to be safe and confident learners.

This month, as a service, we are focusing on the Health and Wellbeing of Children.

A strong sense of wellbeing is fundamentally connected to children's sense of belonging, being and becoming. When children feel well, happy, secure and socially successful they are able to fully participate in, and learn from, the daily routines, play, interactions and experiences in their early childhood setting.

(NQS PLP e-Newsletter No. 29 2012)

Below is a new resource that can help support families with ideas, questions, reflections and resources around the mental wellbeing of our children. You can download the Raising Healthy Minds App by scanning this QR code below or visit the following website for more ideas and support.

<https://raisingchildren.net.au/guides/raising-healthy-minds-child-mental-health>

What users say about the App:

"I use Raising Healthy Minds if I have questions about developmental things, stuff that's going on with the kids, checking where they are at. I love that it sends me push notifications, telling me a little about what to expect." Jo - mum of 3, Victoria

"Having something that is government-backed and evidence-based and is on your phone and easy to use, I think that's a great tool. I can type in any topic and then it can point me to further resources - that's extremely helpful." Fatima - mum of 3, Brisbane



Raising Healthy Minds is for ...

Parents & carers

Do you have questions about your child's emotions or behaviour? Search by keyword or topic and get regular, practical tips for supporting your child and looking after yourself.



Health professionals

Use the app as a resource for parents in your care, by improving their knowledge, confidence and capacity.



Educators

Support children and families with accessible, easy-to-understand information on topics like self-esteem, anxiety and neurodivergence.

